



Northwest Center *for* Structural Integration

About Our Trainings:

In each of our classes students will learn aspects of Structural Integration, the bodywork developed by Dr. Ida P. Rolf. Students are taught to systematically mobilize and rebalance the body's physical components around a vertical line.

The context in which we teach Structural Integration is unique. In each class and seminar the students learn to blend Structural Integration with movement and energetic bodywork.

By blending the tissue work of Structural Integration with focused movement and interactive exploration, students learn to create healthy interactive dialogues with fellow students as well as their class models. These partnerships seek to empower each person to explore and mobilize their own fixed patterns, both physically and emotionally. In this way participants learn to address the essential relationship between their own and their clients' physical and mental/emotional habit patterns.

As important, our classes are a forum in which to develop greater perceptual awareness and to refine your empathic senses. We assist students in exploring their unique ways of perceiving and working with their own and their clients' physical and energetic patterns.

Our trainings are both didactic and experiential. For students to truly understand this work, they must experience its potential first hand. It is our goal to offer students the experience of being physically in balance, supported and able to move through their core. Learning this work is both fun and challenging. We believe that our yearlong format is both practical and the best way for students to assimilate this information and experience. Essentially we walk students through the first year and set the stage for continued success.

Please let us know if you have questions that haven't been addressed in this letter. I look forward to sharing this incredible work with you.

Lawrence Kaufman



Northwest Center *for* Structural Integration

Course Structure

Training begins with 3 days of introductory classes covering basic concepts, structural assessment and techniques used in Structural Integration. The 24-day Practitioner Intensive follows. In this six-week period students will observe, receive and practice each of the 10 different sessions a total of six times. Students work together to both give and receive the complete series as well as take two class models through their 10-session series.

After the Intensive, those students who wish to receive Certification from The Northwest Center are required to complete 100 hours of Independent Study and then complete the Advanced Protocols and Clinical Supervision seminar. In this final 13-day seminar, students will both give and receive an advanced series of three sessions and take two additional class models through their basic 10 series in a supervised clinical setting.

Class Schedule

This year's Structural Integration Intensive will be held on Lopez Island, WA from Friday July 20, 2007 through Friday August 24, 2007. Classes are small (6 to 8 students) and are held from 8:30 to 5:00 Monday through Thursday for five weeks, plus Friday evening through Sunday at the start, and an additional Friday at the finish of the Intensive.

An Advanced Protocols and Clinical Supervision seminar is typically offered within 6-12 months after the completion of the Intensive. This allows time for students to complete the Independent Study hours that will prepare them for the final seminar. The Advanced Protocols seminar is 13 days, held over a three- week period. Private supervisions can also be arranged to fit individual schedules.

Finances and Tuition

Structural Integration Introduction and Intensive	\$7500
Advanced Protocols & Clinical Supervision	\$3500

Payment plans are available.



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**Practitioner Intensive
Student Application**

Name _____ Birth Date _____

Address _____

City _____ Zip _____

Home Phone _____ Work Phone _____

Please submit the following:

____ Letter of Intent: *Please share with us*

- *your personal goals in bodywork*
- *why you desire to take this training*
- *relevant past experiences, training, certifications and licenses*
- *physical and/or structural issues you are dealing with in your own body*
- *concerns that the instructor or class should know about in order to make this experience better or safer.*

____ Signed Practitioner Agreement

____ Completed Medical History

____ Consent for Structural Integration

____ Deposit of \$500

Method of payment: make checks payable to: NW Center for SI

Or credit card

Amount _____ Visa _____ Mastercard _____

Credit card # _____

Exp. Date _____ last three digits on back of card _____

Signature _____

Please mail your completed application package to the address below.



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Structural Integration *Medical History*

Name _____ Date _____
Address _____ Age _____ Birth Date _____
City _____ Zip _____ Occupation _____
Phone (H) _____ (W) _____ Weight _____ Height _____
Referred By _____ Previous Bodywork _____
What brings you to this work? _____

Medical History

Please describe any medical conditions you are aware of and how you are presently dealing with them:

Are you experiencing pain in your body? Are you dealing with any chronic imbalance such as low back stress, constipation, cystitis, colitis, asthma, joint pain, migraines, etc.? _____

Describe any injuries, surgeries or accidents you've had, including concussions, bad sprains, dental problems, broken bones. _____

Are you dealing with any major changes in your life at this time, such as pregnancy, divorce, job change, emotional stress? _____

Can you think of anything else that might make this process feel safer for you? _____

Is there anything else you might tell me that would assist our work together? _____

Please note: This information will be held in professional confidence and is used only to furnish a fuller picture of your physical/emotional history. Thank you for your attention to these questions.



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Structural Integration Practitioner Intensive *Practitioner Contract*

Name _____ Birth Date _____

Address _____

City _____ Zip _____

Home Phone _____ Work Phone _____

Emergency Contact _____ Phone _____

I agree to the following terms and conditions:

1. To pay for the full series of classes, including any missed classes.
2. To attend all sessions and to be punctual.
3. To call the instructor and class models if unable to attend a session due to an emergency.
4. To schedule and pay for any necessary make-up session at a rate of \$85 per hour.
5. To conduct myself in a professional manner at all times.
6. To accept full responsibility for getting the information and assistance I need in class, and to bring any questions or concerns to the instructor's attention.
7. To work in partnership with the models, the instructor and the other participants for the benefit of the entire class.
8. To hold NWC and any host or co-sponsor harmless from any effects caused directly or indirectly by this training.
9. I agree not to advertise myself as a certified practitioner of Structural Integration until I have completed my training in full and been certified by NWC.
10. I understand that completion of the Structural Integration Intensive does not guarantee certification as a Practitioner of Structural Integration. Students may apply for certification after completion of all course work. Certification is granted on an individual basis and some students may be asked to complete additional practice under supervision in order to receive certification.

Financial Terms and Conditions: The fee for this training is \$7500 to be paid as follows: A non-refundable deposit of \$750 is due four weeks prior to the start of the training; the remaining is due on or before the first day of class unless a signed agreement and promissory note has been executed. In the event the training is cancelled, all deposits and tuitions will be refunded

Signature _____ Date _____



Northwest Center *for* Structural Integration

Consent for Structural Integration

I hereby apply for a series of sessions in Structural Integration. I full understand the purpose of Structural Integration is to balance and align the physical body so that it is supported and maintained by gravity in three-dimensional space. This is done through direct manipulation and education so that greater economy and freedom of body movement is achieved.

I understand that this kind of bodywork is not involved with the treatment of disease of any kind nor does it substitute for medical diagnosis or treatment when such attention is needed.

The practitioner does not treat, prescribe or diagnose an illness, disease or any other physical or mental disorder of the person. Nothing said or done by the practitioner should be misconstrued to be such.

I understand it is necessary for the practitioner to use touch in order to assist me in establishing balance and alignment in my body. I give the instructor/practitioner my permission and consent to do all those things necessary to help me establish balance and alignment, including but not limited to the use of touch. I give him/her full privilege and license to work on my body in such a way as to restore and establish balance and alignment therein. I also understand that it is my right and responsibility to participate in the process of this work. I can set limits on the pressure, kind and amount of work in which I participate.

I understand that any relief of physical or emotional symptoms is coincidental in the organization of the total human being and is not the basic goal of Structural Integration.

Signature

Date

STRUCTURAL INTEGRATION PRACTITIONER'S TRAINING
LOPEZ ISLAND, WA
SUMMER SCHEDULE 2008

Dates: **July 26 – August 29, 2008**

Daily Meeting Times:

8:30 - 10:00 am	Lecture and Anatomy
10:00 - noon	Instructor Demonstration
Noon - 1:00 pm	Lunch
1:00 - 3:00 pm	Practicum A
3:00 - 5:00 pm	Practicum B

Weekend Workshop: Saturday 7/26 and Sunday 7/27 8:30 –5:00 pm

No Models Needed

Class Schedule:

Week #1 8:30 – 10:00 10:00 – 12:00 1:00 – 3:00 pm 3:00 – 5:00 pm	Mon 7/28 Session #1 Lecture and Anatomy Inst Model I Student Sessions No Models Needed	Tues 7/29 Session #1 Lecture and Anatomy Inst Model II Student Model A Student Model B	Wed 7/30 Session #2 Lecture and Anatomy Inst Model I Student Session No Models Needed	Thu 7/31 Session #2 Lecture and Anatomy Inst Model II Student Model A Student Model B
Week #2 8:30 – 10:00 10:00 – 12:00 1:00 – 3:00 pm 3:00 – 5:00 pm	Mon 8/4 Session #3 Lecture and Anatomy Inst Model I Student Session No Models Needed	Tues 8/5 Session #3 Lecture and Anatomy Inst Model II Student Model A Student Models B	Wed 8/6 Session #4 Lecture and Anatomy Inst Model I Student Session No Models Needed	Thu 8/7 Session #4 Lecture and Anatomy Inst Model II Student Model A Student Model B
Week #3 8:30 – 10:00 10:00 – 12:00 1:00 – 3:00 pm 3:00 – 5:00 pm	Mon 8/11 Session #5 Lecture and Anatomy Inst Model I Student Session No Models Needed	Tues 8/12 Session #5 Lecture and Anatomy Inst Model II Student Model A Student Model B	Wed 8/13 Session #6 Lecture and Anatomy Inst Model I Student Session No Models Needed	Thu 8/14 Session #6 Lecture and Anatomy Inst Model II Student Model A Student Model B
Week #4 8:30 – 10:00 10:00 – 12:00 1:00 – 3:00 pm 3:00 – 5:00 pm	Mon 8/18 Session #7 Lecture and Anatomy Inst Model I Student Session No Models Needed	Tues 8/19 Session #7 Lecture and Anatomy Inst Model II Student Model A Student Model B	Wed 8/20 Session #8 Lecture and Anatomy Inst Model I Student Session No Models Needed	Thu 8/21 Session #8 Lecture and Anatomy Inst Model II Student Model A Student Model B
Week #5 8:30 – 10:00 10:00 – 12:00 1:00 – 3:00 pm 3:00 – 5:00 pm	Mon 8/25 Session #9 Lecture and Anatomy Inst Model I Student Session No Models Needed	Tues 8/26 Session #9 Lecture and Anatomy Inst Model II Student Model A Student Model B	Wed 8/27 Session #10 Lecture and Anatomy Inst Model I Student Session No Models Needed	Thu 8/28 Session #10 Lecture and Anatomy Inst Model II Student Model A Student Model B
FINAL DAY 8:30 – noon 1:00 – 5:00 pm	Fri 8/29 Final Review Movement Class			